

BASES

Professional Development

Be part of the largest sport and exercise science network in the UK



BASES Supervised Experience

BASES Supervised Experience (SE) is a key stepping stone to a career in sport and exercise science. The programme provides early career sport and exercise scientists with the guidance and environment to facilitate the development of the competencies required to obtain BASES Accreditation.

BASES Accreditation

BASES Accreditation is the recognised professional standard for practising sport and exercise scientists in the UK. It is awarded to practitioners deemed by the Association to have the knowledge, skills and understanding necessary to be safe and fit to practice as an Accredited Sport and Exercise Scientist.

Sport and Exercise Psychology Accreditation Route (SEPAR)

BASES SEPAR is a programme of professional development, skill acquisition and supervised practice designed to ensure that candidates acquire the knowledge, skills, self-development and experience required to achieve BASES Accredited status. Those who achieve BASES Accreditation via SEPAR are eligible for registration with the Health and Care Professions Council (HCPC) as a Practitioner Psychologist and will be entitled to use the protected title: Sport and Exercise Psychologist.

Chartered Scientist

Chartered Scientist (CSci) represents a single chartered mark for all scientists, recognising high levels of professionalism and competence in science. All BASES Accredited Sport and Exercise Scientists are eligible to become Chartered Scientists.

BASES Certified Exercise Practitioner

BASES Certified Exercise Practitioner (CEP) is a professional certification providing recognition for exercise professionals with a sport and exercise science degree. CEP establishes the credibility of practitioners who can demonstrate practical vocational knowledge and skills underpinned by an academic qualification to degree level.

BASES High Performance Sport Accreditation

BASES High Performance Sport Accreditation (HPSA) is a specialist accreditation for individuals with extensive experience of providing scientific support to high performance sport programmes and athletes. HPSA is recognised as the highest quality assured accreditation in the high performance sector by the British Olympic and Paralympic Associations and UK Sport.

For further information visit www.bases.org.uk/Professional Development

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The British Association of
Sport and Exercise Sciences

2023-2024 Student webinar series – review

- ▶ The Student Webinar Series was made up of 6 different webinars delivered between October'23 and the BASES Student Conference, April '24.
- ▶ Registered delegate numbers ranged between 22 and 45.
- ▶ Satisfaction rating ranged between 4.3 - 5* out of 5.
- ▶ We aim to do this again planning for 7 webinars starting in early October'24 running monthly until April'25. It is hoped that we will be using May'25 as Division Day month which this webinar series will lead up to.



BASES Awards and Grants

Awards

<p>BASES Undergraduate Dissertation of the Year Award Target BASES Membership Categories: Student or Graduate Award: One award offered annually; expenses paid place at the BASES Student Conference to present a free communications presentation. (Expenses up to £200). Application Closing Date: 30 September.</p>	<p>BASES Masters Dissertation of the Year Award Target BASES Membership Categories: Student or Graduate Award: One award offered annually; expenses paid free communications presentation at the BASES Annual Conference. (Expenses up to £200). Application Closing Date: 31 December.</p>
<p>Professor Tom Reilly Doctoral Dissertation of the Year Award – sponsored by Routledge Target BASES Membership Categories: Student or Graduate Award: One award offered annually; £500 (book token). Application Closing Date: 31 January.</p>	
<p>Prof Edward Winter Early Career Researcher Award Target BASES Membership Category: Student or Professional Award: One award offered annually; £1000. Application Closing Date: 1 August</p>	<p>BASES Volunteer of the Year Award Target BASES Membership Category: Professional, Graduate and Student Award: Five awards offered annually, with various prizes. Application Closing Date: 21 August</p>

Grants

BASES Expert Statement Grants

Target BASES Membership Category: Professional

Grant: Four grants of up to £1000 each are available annually. **Application Closing date:** 1 May and 1 October

BASES Early-to-Mid Career Researcher Project Grant

Target BASES Membership Category: Professional

Grant: One per year up to £5000. **Application Closing date** 15 July

BASES and Clinical Exercise Physiology UK Continuing Professional Development Grants

Target BASES Membership Category: Professional and Graduate

Grant: Four per year up to £650 for each successful applicant. **Application Closing date** 31 March

For more information visit bases.org.uk/awards_grants

BASES Conference Grants

Aim to assist researchers to present free communications at the BASES Conference. Five grants are available (one per Division). The value of the grant is the price of one BASES member residential package delegate fee for the BASES Annual Conference.

Deadline date: Free Communication Abstract submission closing date

BASES Conference Awards Reward outstanding contributions to sport and exercise sciences by BASES members. Awards are presented for research (free communication presentation or poster presentation) in student and non-student categories at the BASES Annual and Student Conferences.

Student Awards:

BASES Annual Conference Awards:

- **Human Kinetics Student Free Communication Presentation Award** - £100 Human Kinetics book vouchers for the best free communication presentation by a student or graduate member
- **Human Kinetics Student Poster Presentation Award** - £100 Human Kinetics book vouchers for the best poster presentation made by a BASES student or graduate member.

BASES Student Conference Awards:

Undergraduate Awards:

- **Free Communication Presentation Award** - £100 voucher prize sponsored by Human Kinetics
- **Poster Presentation Award** - Prize of a Polar Heart Rate Monitor sponsored by Cranlea

Postgraduate Awards:

- **Free communication Presentation Award** - £100 voucher/book token sponsored by BASES
- **Poster Presentation Award** - £100 voucher/book token sponsored by BASES.
- **Best Applied Impact Presentation Award** – Graduate Membership for 12mths sponsored by Supporting Champions

Professional Awards:

BASES Annual Conference Awards

- **CRANLEA Poster Presentation Award** – one award of a Polar Heart Rate Monitor for the best poster presentation made by a BASES member
- **Sportesse Sport and Exercise Science Free Communication Presentation Award** - a £500 cash prize for the best free communication presentation on sport and exercise science made by a BASES professional member.
- **BASES Sport and Exercise Science 5 Slides in 5 Minutes Free Communication Presentation Award** - £500 (half cash/half BASES vouchers) for the best 5 slides in 5 minutes free communication presentation on sport and exercise science by a BASES member
- **Routledge Recently Qualified Researcher Free Communication Presentation Award** - A prize of £500 (book token) to the best free communication presentation given by a recently qualified researcher (BASES member).
- **Human Kinetics Student Poster Presentation Award** - One award of £100 book vouchers for the best student poster presentation made by a BASES student or graduate member
- **Human Kinetics Student Free Communication Presentation Award** – One award of £100 book vouchers for the best student free communication presentation award made by a BASES student or graduate member.

Thank you to our Sponsors



BASES Conference 2024

- ▶ CBS Arena, Coventry
- ▶ Wednesday 20 to Thursday 21 November 2024
- ▶ Registration is now open. Abstracts portal is now open.
- ▶ Two-day sport and exercise science programme packed with world-leading insight and expertise
- ▶ Enhanced programme for 2024 - plenary sessions including keynotes, lectures, workshops and symposia
- ▶ Over 100 oral presentations and 100+ poster presentations
- ▶ Present your research and gain a publication in the Journal of Sports Sciences
- ▶ Rub shoulders with world-leading researchers and practitioners
- ▶ Five BASES CPD credits per day
- ▶ Awards available to reward outstanding research and practice



Advertising opportunities with BASES

Be part of the largest sport and exercise sciences network in the UK

Become an official partner of BASES

BASES offers Gold, Silver and Bronze partnership packages to help maximise exposure to a targeted audience. To find out more about the packages, benefits and fees, please email eforsyth@bases.org.uk.

The Sport and Exercise Scientist (TSES)

TSES is our #1 member benefit, received by all BASES members each quarter. It is an excellent advertising vehicle to reach students, graduates, and professionals with an interest in sport and exercise sciences.

BASES Events

BASES organises world-leading conferences, workshops, webinars, and events, providing learning and networking forums for the sport and exercise science community. BASES offers the opportunity to partner with these events.

Job Vacancies

Find your perfect candidate by advertising a job vacancy, internship or studentship with BASES. Your advert will be added to the BASES website and promoted via BASES social media channels and the monthly newsletter.

BASES Career Guide

Target the next generation of sport and exercise science students by placing an advert in the BASES Career Guide, a highly popular resource for undergraduate and postgraduate students interested in studying in the field of sport and exercise sciences.

BASES Endorsed CPD Events

Have your event BASES Endorsed and be recognised as meeting the criteria to award continued professional development credits (CPD) to delegates as well as utilising BASES' communication channels to promote your event to a broad targeted audience.

BASES Course Finder

BASES Course Finder is an online resource on the BASES website designed to assist students in finding undergraduate and postgraduate courses in sport and exercise science. Ensure prospective students are aware of the degree programmes you offer by listing them on our Course Finder.

For further information on all advertising opportunities, please visit www.bases.org.uk/Advertising

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BASES

Endorsement Schemes

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BASES Undergraduate Endorsement Scheme (BUES)

The BASES Undergraduate Endorsement Scheme (BUES) awards endorsement to sport and exercise science degree courses that provide undergraduates with the opportunity to develop the knowledge and skills essential to enter the sector. When reviewing a course, BASES considers the curriculum, the practical experience gained by students and the resources and facilities of the institution.

BASES endorsement is awarded to courses that meet criteria structured around the necessary foundation of sport and exercise sciences, including scientific knowledge, technical skills, application of interdisciplinary knowledge and skills, understanding and use of research, professional development and practice and employability and career readiness.

BASES Postgraduate SEPAR Endorsement Scheme (PSES)

The BASES Postgraduate SEPAR Endorsement Scheme (PSES) has been designed to allow registrants to evidence, expediently, the completion of an appropriate M-level qualification for entry onto the Sport and Exercise Psychology Accreditation Route (SEPAR), which covers the relevant knowledge-based Health and Care Professions Council (HCPC) Standards of Proficiencies. This Endorsement Scheme will support students to choose an MSc. programme that is BASES endorsed, and which will appropriately position them for application to SEPAR upon completion. On completion of SEPAR, candidates are eligible to then apply for the HCPC Register as a Sport and Exercise Psychologist.

BASES Laboratory Endorsement

The BASES Laboratory Accreditation provides a mark of quality assurance to clients, research funders and the wider community that illustrates the laboratory has undergone meticulous inspection by BASES and that high professional standards of practice have been achieved. Accredited laboratories will have demonstrated:

- That instruments in their laboratory are well maintained
- That staff have the appropriate professional and vocational qualifications
- That the requisite operating procedures and health and safety requirements are met
- Operational competence in the delivery of physiological assessment, data interpretation and communication
- Full consideration for client's welfare, confidentiality and safety
- A suitably fit and safe environment for the high standards of practice expected of a BASES accredited sport and exercise scientist.

For further information visit www.bases.org.uk/Endorsement Schemes

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Accreditation and Endorsement

- ▶ BASES Accreditation – 413 accredited members- pedagogy route relaunched this month
- ▶ Certified Exercise Practitioner- 52 accredited
- ▶ High Performance Sport Accreditation- 27 Accredited
- ▶ Chartered Scientist-160 CSci
- ▶ BASES Undergraduate Endorsement Scheme- 80 endorsed courses at 56 HEI's (increase of 8 from 2023)
- ▶ BASES Postgraduate SEPAR Endorsement Scheme- 12 HEI's endorsed
- ▶ Laboratory Accreditation – 16 accredited labs
- ▶ Sport and Exercise Psychology Accreditation Route – 163 on the programme
- ▶ Supervised Experience-18 new members in the March 2024 window total 220 on the programme

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BASES Fellowship

- ▶ The closing date for Fellow applications is 31 July 2024.
- ▶ To help members prepare their application, plans are in place to hold a webinar in June.
- ▶ The criteria for BASES Fellowship can be found on the website.

TSES digital - Spring 2024

- ▶ Last month, we launched the new digital format of BASES quarterly publication - **The Sport and Exercise Scientist (TSES)**.
- ▶ To celebrate this, the Spring 2024 issue was made **open access** to all.
- ▶ The move to a digital format presents us with exciting opportunities such as allowing members to engage with different types of content, in different ways, across different devices.
- ▶ Demonstrating BASES' commitment to moving with the times, meeting member needs, and supporting global challenges such as climate action and sustainability.

Strategy development 2025-2028

- ▶ Board has been working hard the last 12 months to develop the strategy for 2025-2028.
- ▶ Members will receive an update over June and can feedback their thoughts on the direction of travel.
- ▶ Final draft of the strategy will be taken to the AGM, which is taking place in Coventry on 20 November 2024.

BASES Leadership & Management Programme

Modular Programme with separate Workshop & Qualification components

- 1. Leadership & Management** – what is it and how do you do it? (including skills self-assessment)
- 2. Managing people** (covering performance management, delegation, communication)
- 3. Innovation and Change** – leading and managing change

Each workshop will be mapped to specific units from ILM qualifications so that learners can extend the programme to complete an ILM Level 6 Certificate in Leadership and Management

Pricing (incl VAT) is

- Workshop series £825
- Qualification £575 (*This includes ILM registration fees, additional tutorial support and assessment*).

Video Overview

Desktop Link

Mobile Link



Hyperlink



Drop-in Q&A session

May 22nd

May 29th



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