FAQs for CASES Exercise Science Certified Practitioner

Why should I apply for CASES Exercise Science Certified Practitioner?
This qualification will help clients and employers recognise your skills and expertise and show that you meet the standards required by **THE** professional body for sport and exercise sciences in the UK.

Is this the same as CASES Accreditation?
No. CASES Accreditation information can be found on CASES Accreditation | CASES.

When can I apply to be a CASES Exercise Science Certified Practitioner?
The application process and forms are available on the website, and you are able to apply at any point throughout the year. The scheme was launched in September 2009.

How much does CASES ESCP cost
Application fee is £16.00 made payable on application (online)
Renewal application fee is £11.00 (form here).

I have a question regarding CASES ESCP – who can I contact?
Please email enquiries@cases.org.uk for all ESCP queries. Initially this email will be read weekly so thank you for your patience. Due to limited staffing levels enquiries are not possible by telephone. If your query is not regarding CASES ESCP then contact the CASES Head Office by also emailing enquiries@cases.org.uk .

I am not a CASES member, can I apply for the CASES Exercise Science Certified Practitioner qualification?
Yes, but you must join as a new professional, or graduate member first in order to meet Criterion 1. You can join online: Membership categories and benefits | CASES.

What is a CUES course?
CUES is a CASES Undergraduate Endorsed Scheme which shows that the content of the course already meets the requirements for Criterion 2.

How do I know if my course was endorsed?
Check the CASES website Courses | CASES which can be found under the Directories tab. Do an advanced search and select TYPE – CASES Endorsed. If your course does not state that the TYPE is CASES Endorsed then it is not endorsed and you must complete Appendix 1.

What if I haven't done a CUES course?
You will need to submit the transcript of your course to show that you have covered a suite of studies in physiology, psychology and movement analysis that meet CUES criteria. You will also need

to complete Appendix 1 and have this signed by your course leader (see the appendices section in this document).

What is CUES criteria?
More information on CUES can be found on CASES Undergraduate Endorsement Scheme | CASES.

My course wasn't pure Sport and Exercise Science – am I eligible?
That depends if the transcript shows that you met the knowledge required and you can successfully complete Appendix 1.

I studied overseas – can I apply?
Yes, if you can prove that you meet all the criteria and include a transcript from your course.

My degree certificate has not yet arrived – what do I do?
CASES need to see proof of study from the institution.

I am missing one area of study – can CASES advise me where to go to complete the gaps?
CASES refrains from recommending specific courses so the onus is on the individual. There are CUES and non-CUES courses listed on the CASES website Courses | CASES.

I have REPs Exercise Referral/CIMSPA Long Term Conditions certificate – can I apply?
Only if you can show that you meet criterion 3 by holding at least one of the Specialist Exercise Instructor qualifications or ACSM Clinical Exercise Physiologist certification.

What are Specialist Exercise Instructor qualifications?
Specialist Exercise Instructor certification is awarded to individuals who can demonstrate that they have met the Professional Standards in one or more specialist medical area, completing and passing one of the following qualifications:

Cardiac disease
Cancer and exercise rehabilitation
Postural stability instructor
Exercise and fitness training after stoke instructor
Chronic respiratory diseases
Long term neurological conditions
Wright Foundation specialist courses

Do I need to send my certificates to you, and will they be returned?

Yes, these can be uploaded when filling out the online application. Please provide photos/scans of these if you do not have a digital copy already.

Where can I attend a certified "Working with children and vulnerable people" workshop?
Local authorities, sports clubs, Sports Coach UK, FA, NHS etc all run courses so the choice is up to the individual. Members are advised to attend an appropriate safeguarding children and vulnerable adults workshop if required by the nature of their work.

How often do I need to attend a certified "Working with children and vulnerable people" workshop?
That depends on the guidelines and recommendations laid out by the deliverer.

What happens if I do not renew my membership next year?
CASES ESCP requires that membership is renewed within one month of expiry otherwise the qualification will be withdrawn.

Is CASES ESCP valid for life?
No, members must log at least 36 hours of continued professional development and renew every 3 years. Hours may be achieved by attending CASES workshops, CASES conferences or non-CASES CPD.

Where can I find the CASES Code of Conduct?
The Code of Conduct is located under About CASES – Publications, Documents and Policies and can be found under Documents
Governance, Policies and Reports | CASES.